



GOAT CHEESE STUFFED DATES WITH PISTACHIOS & WALNUTS

103 Kcal | 2g Proteins | 3g Fats | 19g Carbs | 0g Fiber

Ingredients

15 medjool dates, pitted halved
3.5 oz. (100g) goat cheese, soft
4 tbsp. walnuts
2 tbsp. pistachios
1 tsp. honey, to serve
1 tbsp. fresh thyme, stems removed

What you need to do

- Smear a small amount of goat cheese into each date half. Place the walnuts and pistachios into the goat cheese, allowing 1-2 nuts per date, depending on the size.
- Serve the dates on a platter or board, drizzle with honey and scatter over fresh thyme leaves.



Serves

15



Prep. Time

20 minutes



Cook

0 minutes